



Stoke Hill Federation Spring 2025 Menu

M Main meal. V Vegetarian option. D Dessert.

Jacket potatoes are offered every day with a choice of filling from tuna mayo (8), cheese (2), baked beans or just plain.

Wholemeal bread, milk and water available daily. Fresh fruit and yoghurts (2) available daily as a dessert alternative.

	Week 1	Week 2	Week 3
Monday 	Meat Free Monday Option 1: Cheese & Tomato Pizza (1,2) Option 2: Golden savoury Rice. Served with Potato Wedges, mixed vegetables, or Veggie sticks (4) D . Blueberry flapjack (1)	Meat Free Monday Option 1: Pasta with a choice of toppings. Baked Beans, cheese, or Tomato Sauce. (1,2) Option 2: Vegetable noodles (8) Served with sweetcorn & Veggie sticks D. Sticky Toffee Pudding (1,5,8,2)	Meat Free Monday Option1: Quorn chicken & sweetcorn cheesy pasta bake (8,1,2) Option 2: Baked Beans on Toast (1,5) Served with Vegetable Medley (4) D Fresh Fruit Salad
Tuesday 	M. Pork Sausage Roll (1,5) V. Vegan Sausage Roll (1,5) Served with Pasta, Baked Beans, or Peas (5,4) D Apple Crumble & Custard (1,5,3)	M. Beef Lasagne (1,2,3,5) V. Vegetable Lasagne (1,2,3,5) Served with Garlic Bread (5) Peas & Sweetcorn (4) D Shortbread slice. (1,5)	M. Breaded chicken (5) strips with BBQ dip V. Vegan Nuggets & BBQ dip (1,4) Served with Potato Wedges, Baked beans or Peas (4) D. Iced Sponge (1,5,8)
Wednesday 	M. Roast Chicken V. Winter Vegetable Pie (1,5) Served with Roast potatoes, carrots, broccoli & Gravy D. Fresh fruit salad	M. Roast Gammon V. Vegetable Burger (5) Served with Roast potatoes, carrots, cabbage & gravy D. Mixed fruit Jelly	M. Roast Turkey V. Vegetarian Roast (1,5) Served with Roast potatoes, carrots & green beans & gravy D. Peaches & ice cream (2)
Thursday 	M. Beef Bolognese (1,5) V. Quorn Bolognese (8,9) Served with Pasta & seasonal vegetable (4) D. Chocolate Cracknell (3)	M. All Day breakfast (5) Pork sausage, bacon (4,5) V. Vegan Sausage Served with Hash Brown baked beans or optional veg (4) D. Apple Flapjack (1)	M. Beef Cottage Pie V. Quorn cottage Pie (8) Served with Mixed veg (4) D. Chocolate Shortcake (1,5)
Friday 	Bag a lunch M. Fish Fingers (1,7) V. Vegan Sausage (1,4) Served with Golden fries, veggie sticks & ketchup D. Oatie Cookie (1,5)	Bag a lunch M. Chicken bites (5) V. Veggie Bites (1,4) Served with Golden fries, veggie sticks & ketchup D. Chocolate cookie (1,5)	Bag a lunch M. Breaded Fish (1,5) V. Cheese filled Pitta Bread (1,2,5) Served with Golden fries, veggie sticks & ketchup D. Raspberry cookie (1,5)

Week	January					February					March					April					
Mon		1	2	3			2	3	1	2		2	3	1	2	3		3			
Tues		7	14	21	28		3	10	24			3	10	17	24	31		1			
Wed		8	15	22	29		4	11	25			4	11	18	25			2			
Thu		9	16	23	30		5	12	26			5	12	19	26			3			
Fri		10	17	24	31		6	13	27			6	13	20	27						
							7	14	28			7	14	21	28						

Dairy Free and Wheat/Gluten Free options of the menu are always available.

Allergen Information

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| 1. Contains wheat | 2. Contains dairy | 3. Contains milk |
| 4. Contains peas | 5. Contains gluten | 6. Contains soya |
| 7. Contains fish | 8. Contains egg | 9. Contains barley |
| 10. Contains mustard | | |