

May 2026

STOKE HILL INFANT AND NURSERY



DATES

4th—Bank Holiday—
school closed

7th—Treetops closed

7th—Ladybird Class
Assembly 9am

8th—Swift cake sale

12th—Dragonfly
class assembly

15th—Chaffinch
cake sale

18th—Nursery trip to
the Junior School

19th—Bee class
assembly

21st—Y2 to Junior
School for
orienteering

22nd—Break up for
half term

Return to school
Tuesday 2nd June

SUMMER TERM

Dear Parents and Carers,

I hope you all had a lovely holiday and have been enjoying the sunshine! Please make sure your child is ready for the weather, bringing a coat/cap, as the forecast necessitates, and applying sunscreen before school. Remember to make sure all items are labelled with your child's name—lots of jumpers get lost when children get hot!

The good weather means we're now getting on the field more in lessons and in play times, which the children really enjoy. We've talked about how we're ready, respectful and safe on the field—the children are brilliant at identifying safe and unsafe choices for their play in different spaces.

Thank you to everyone who came to parent pop-in yesterday—it was lovely to see so many of you. We hope you enjoyed the opportunity to see some of your child's learning.

The summer term is always a busy one and we will inform and remind you of all upcoming events via School Gateway—class assemblies, sports days, visits and visitors... Although it's only May, we are starting to plan for September, welcoming a new cohort and ensuring a smooth transition to their next step for all our children. We will be planning the calendar and sharing key dates with you in advance. Term dates can be found on the website.

Best wishes,

Claire McKimm, Head of School

Stars of the week



The following children have been their class's reader, role model or learner of the week during the last month:

Readers of the week: Iris (Bee), Laurie, (Dragonfly), Davi, (Ladybird), Zaid, (Beech), Oakley, (Oak), Mae, (Willow), Arlah, (Chaffinch), Pippa, (Swift), Charlie, (Woodpecker)

Role models of the week: Somaya, (Bee), Luna, (Dragonfly), Kit, (Ladybird), Nina, (Beech), Poppy, (Oak), Matthew, (Willow), Izzy, (Chaffinch), Oliver, (Swift), Daisy, (Woodpecker)

Learners of the week: Aria, (Bee), Elinor, (Dragonfly), Amelia, (Ladybird), Imogen, (Beech), Erin, (Oak), Lakely, (Willow), Archie, (Chaffinch), Naomi, (Swift), Reiza, (Woodpecker)

Fun in the sun!



School Office Notices and quick reminders

A reminder that, due to polling day, Treetops is closed to all children on Thursday 7th May. The infant School is open as normal.

A reminder that any parent dropping off or collecting their children from Treetops should now use the new gated entrance via the front of the school. There is no longer access around the back past the playground.

Reception Milk—if your child has turned 5 they will no longer receive free milk, daily. Please remember to sign up with Cool Milk if you still want them to have it.

If you need to collect your child early for any reason, please make sure the school office know in advance, not just class staff.



Wellbeing

This May, we're recognising Mental Health Awareness Week, a time when people across the country come together to learn simple, meaningful ways to support emotional wellbeing. Children thrive when they feel listened to, understood, and connected, and small daily habits can make a real difference. You might try a short feelings check-in at the end of the day, spend a few minutes outdoors together, or create a calm space at home where your child can unwind after school.

Talking openly about emotions helps children build confidence in expressing themselves. Reminding them that it's okay to feel worried, excited, frustrated, or unsure encourages resilience and trust.

If you need support, or if you're looking for guidance to help someone else, the Mental Health Foundation offers clear, accessible information for families: Explore Mental Health: <https://www.mentalhealth.org.uk/explore-mental-health>

A poster for a women's football fixture. At the top, it says "SPOTLIGHT FIXTURE". Below that, it lists "EXETER UNIVERSITY 1s VS EXETER CITY WOMEN". The date is "Saturday 9th May" and the time is "6pm Kick Off". The poster features photos of players from both teams. At the bottom, it says "WOMENS FOOTBALL SHOWCASE AT ST JAMES PARK".

A poster for a community event. The main text says "Exeter is for Everyone". Below that, it says "Music for a better world". The event is at "Sylvania Community Cafe EX4 5DT" on "Saturday 9th May" from "6.00 - 9.00 pm". It offers "International food" and is "Free but book a seat in advance". The event is organized by the "Pennsylvania International Friendship Group" and is a "Sylvania Stores fundraiser". Contact information for Pete is provided: "Pete: 0789 686 7799" and "petethepoet@hotmail.co.uk".



Enjoy the outdoors but 'be tick aware'

Ticks can transmit microbes that cause infections such as Lyme disease or tick borne encephalitis.

Being tick aware by using the following information can help to reduce the chance of tick bites and of being infected:

- you could be exposed to ticks whenever you spend time outdoors, including when in your garden or the local park
- ticks mainly attach to animals, but sometimes they may bite you, your family or your pets
- you can reduce the chance of tick bites by walking on clearly defined paths, using insect repellent and performing **regular tick checks**
- ticks can bite anywhere on the body, including in your hair. More than one tick can be attached to you at a time
- some tick bites can result in infection, so it is important to remove ticks safely and as quickly as possible
- the safest way to remove a tick is by using a pair of **fine-tipped** tweezers or a tick removal tool
- if you begin to feel unwell with flu-like symptoms, persistent headache, confusion or develop a spreading circular red rash (which usually appears within 1 to 4 weeks after being bitten), **contact your GP or NHS 111 promptly**. Mention if you were bitten by a tick or have recently spent time outdoors

Tick sizes compared to a one penny coin



Tick in the environment



Tick attached to skin



Lyme disease bullseye rash



Tick found under hair



For more information, search for the phrases 'ticks' and 'Lyme disease' on these websites:

www.nhs.uk www.gov.uk www.nice.org.uk/guidance