

AUTUMN MENU WEEK ONE

WEEKS COMMENCING: 1/9, 22/9, 13/10, 10/11, 1/12

MAIN TWO JACKET **POTATO**

TUESDAY MONDAY

WEDNESDAY THURSDAY

FRIDAY

Margherita Pizza with New Potatoes. Peas and Sweetcorn

Devon Beef Lasagne with Homemade Garlic **Bread and Fresh Chopped Salad**

Roast Devon Gammon and Gravy with Roast Potatoes. Carrots and Fine Green Beans

Mild Chicken Curry with White and Wholegrain Rice, Naan Bread and Indian Salad

Fish Cake with Chips and Salad Sticks

Lentil and Vegetable Curry with White and Wholegrain Rice, Peas and Sweetcorn

Broccoli, Bean and Cauliflower Cheese Bake with Homemade Garlic Bread and Fresh Chopped Salad

Mozzarella and Tomato Pinwheel with Roast Potatoes. **Carrots and Fine Green Beans**

Five Bean Chilli with White and Wholegrain Rice, Tortilla Chips and **Indian Salad**

Vegeterian BBQ Sausage with Chips and Salad Sticks

Jacket Potatoes served daily with a selection of fillings

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Pear and Chocolate Crumble with **Chocolate Custard**

Fruit Jelly

Blueberry Cake

Fresh Fruit Platter

Raspberry Shortbread





AUTUMN MENU WEEK TWO

WEEKS COMMENCING: 8/9, 29/9, 20/10, 17/11, 8/12

MAIN TWO JACKET **POTATO**

TUESDAY MONDAY

WEDNESDAY THURSDAY

FRIDAY

Macaroni Cheese with Homemade Tomato and Herb Bread Salad Sticks and Sweetcorn

Devon Beef Burrito with Potato Wedges. Coleslaw and Peas

Roast Chicken and **Gravy with Roast** Potatoes, Carrots and Cauliflower

Brunch: Devon Sausage and Bacon, Hash Brown **Bites and Baked Beans** Fish Fingers or Salmon Fingers with Chips and Salad Sticks

Caribbean Vegetable and Bean Jambalaya with Homemade Tomato and Herb Bread, Salad Sticks and Sweetcorn

Red Pepper Frittata with Potato Wedges. Colesiaw and Peas

Yorkshire Pudding Cottage Pie with Roast Potatoes. Carrots and Cauliflower

Vegetarian Brunch: Quorn Sausage, Mash Potato, Baked Beans or Peas

Vegetable Nuggets with Chips and Salad Sticks

Jacket Potatoes served daily with a selection of fillings

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Lemon Drizzle Cake

Strawberry Jelly and Fruit

Apple Crumble and Custard

Meringue topped Strawberry Mousse

Orange Cookie





AUTIIMN MFNU WEEK THREE

WEEKS COMMENCING: 15/9, 6/10, 3/11, 24/11, 15/12

MAIN TWO JACKET **POTATO**

TUESDAY MONDAY

WEDNESDAY THURSDAY

FRIDAY

Breaded Fish

with Chips and

Salad Sticks

Roasted Vegetable

Quiche with Chips.

Peas and Beans

Tomato and Mozzarella Pasta Bake with Homemade Focaccia. Sweetcorn and Fresh Salad

Beany Jollof Rice

with Homemade

Focaccia, Sweetcorn

and Side Salad

Jacket Potatoes

served daily with a selection of fillings

Ice Cream

and Fresh Fruit

Chicken and Vegetable Casserole with New Potatoes, Broccoli and Peas

Chinese Style

Vegetable and Bean

Noodles with Broccoli

Peas and Sweetcorn

Jacket Potatoes

served daily with a

selection of fillings

Devon Roast Pork and Gravy with Roast Potatoes. **Carrots and Cabbage**

Vegetarian Sausage

Toad in the Hole

with Roast Potatoes,

Carrots and Cabbage

Jacket Potatoes

served daily with a

selection of fillings

Devon Beef Chilli with White and Wholegrain Rice, Tortilla Chips and Sweetcorn

Broccoli, Mixed Bean and Cauliflower Bake with White and

Wholegrain Rice, Fresh Chopped Salad and Sweetcorn

Jacket Potatoes served daily with a selection of fillings

Jacket Potatoes served daily with a selection of fillings

Fruit Jelly

Chocolate Flapjack

Pineapple Sponge Cake

Chocolate Cookie

