

AUTUMN MENU WEEK ONE

WEEKS COMMENCING: 1/9, 22/9, 13/10, 10/11, 1/12

MAIN TWO

JACKET POTATO

DAILY

MONDAY

TUESDAY WEDNESDA

WEDNESDAY THURSDAY

FRIDAY

Margherita Pizza with New Potatoes, Peas and Sweetcorn

with Homemade Garlic Bread and Fresh Chopped Salad

Devon Beef Lasagne

Roast Devon Gammon and Gravy with Roast Potatoes, Carrots and Fine Green Beans Mild Chicken Curry with White and Wholegrain Rice, Naan Bread and Indian Salad

Fish Cake with Chips and Salad Sticks

Lentil and Vegetable Curry with White and Wholegrain Rice, Peas and Sweetco<u>rn</u> Broccoli, Bean and Cauliflower Cheese Bake with Homemade Garlic Bread and Fresh Chopped Salad Mozzarella and Tomato Pinwheel with Roast Potatoes, Carrots and Fine Green Beans

Five Bean Chilli with White and Wholegrain Rice, Tortilla Chips and Indian Salad

Vegeterian BBQ Sausage with Chips and Salad Sticks

Jacket Potatoes served daily with a selection of fillings Jacket Potatoes served daily with a selection of fillings Jacket Potatoes served daily with a selection of fillings Jacket Potatoes served daily with a selection of fillings Jacket Potatoes served daily with a selection of fillings

DAILY PASTA

DESSERT

Pear and Chocolate
Crumble with
Chocolate Custard

Pasta with Tomato and Vegetable Sauce

Fruit Jelly

Pasta with Cheese Sauce

Blueberry Cake

Pasta with Tomato and Vegetable Sauce

Fresh Fruit Platter

Raspberry Shortbread

We are pleased to offer a variety of allergen free options on our food menu. Aithough all tood i prepared in a kitchen that handles most allergens and therefore we consort guarantee that crocontamination will never occur, we do take every possible precaution to prevent this from happer







AUTUMN MENU WEEK TWO

WEEKS COMMENCING: 8/9, 29/9, 20/10, 17/11, 8/12

MAIN ONE

MAIN TWO

JACKET POTATO

DAILY PASTA

DESSERT

Lemon Drizzle

Cake

WEDNESDAY THURSDAY TUESDAY MONDAY FRIDAY Macaroni Cheese with Homemade Tomato and Herb Bread, Fish Fingers or Salmon Fingers Brunch: Roast Chicken and Devon Beef Burrito Devon Sausage and **Gravy with Roast** with Potato Wedges. Bacon, Hash Brown with Chips and Potatoes, Carrots Salad Sticks and Coleslaw and Peas Bites and Baked Beans Salad Sticks Sweetcorn and Cauliflower Caribbean Vegetable and Bean Jambalaya with Homemade Tomato and Herb Bread, Salad Sticks and Sweetcorn Vegetarian Brunch: Yorkshire Pudding Red Pepper Frittata with Potato Wedges, Vegetable Nuggets Quorn Sausage, Cottage Pie with Roast with Chips and Mash Potato, Baked Potatoes. Carrots Coleslaw and Peas Salad Sticks and Cauliflower Beans or Peas Jacket Potatoes Jacket Potatoes **Jacket Potatoes Jacket Potatoes Jacket Potatoes** served daily with a selection of fillings Pasta with Tomato and Pasta with Pasta with Tomato and Vegetable Sauce Cheese Sauce Vegetable Sauce

Apple Crumble

and Custard

Meringue topped

Strawberry Mousse

Orange Cookie

We are pleased to after a variety of allergen free options on our food menu. Although all root is prepared in a kitchen that handles most allergens and therefore we compare guarantee that cross contamination will never occur, we do take every possible precaution to grevent this from happenin

Strawberry Jelly

and Fruit







AUTIIMN MFNU WEEK THREE

WEEKS COMMENCING: 15/9, 6/10, 3/11, 24/11, 15/12

MAN MAIN TWO JACKET **POTATO** DAILY ASTA DESSERT

TUESDAY MONDAY

WEDNESDAY THURSDAY

FRIDAY

Tomato and Mozzarella Pasta Bake with Homemade Focaccia, Sweetcorn and Fresh Salad

Chicken and Vegetable Casserole with New Potatoes, Broccoli and Peas

Devon Roast Pork and Gravy with Roast Potatoes. **Carrots and Cabbage** Devon Beef Chilli with White and Wholegrain Rice, Tortilla Chips and Sweetcorn

Breaded Fish with Chips and Salad Sticks

Beany Jollof Rice with Homemade Focaccia. Sweetcorn and Side Salad

Chinese Stule Vegetable and Bean Noodles with Broccoli Peas and Sweetcorn

Vegetarian Sausage Toad in the Hole with Roast Potatoes. Carrots and Cabbage Broccoli, Mixed Bean and Cauliflower Bake with White and Wholegrain Rice, Fresh Chopped Salad and Sweetcorn

Roasted Vegetable Quiche with Chips, Peas and Beans

Jacket Potatoes served daily with a selection of fillings

Jacket Potatoes served daily with a selection of fillings

Jacket Potatoes served daily with a selection of fillings

Jacket Potatoes served daily with a selection of fillings

Jacket Potatoes served daily with a selection of fillings

Ice Cream and Fresh Fruit Pasta with Tomato and Vegetable Sauce

Fruit Jelly

Pasta with Cheese Sauce

Chocolate Flapjack

Pasta with Tomato and Vegetable Sauce

> Pineapple Sponge Cake

Chocolate Cookie



